



## My Emotions

Write how you feel **everyday** in your notebook.

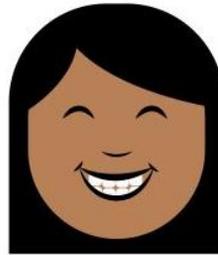
Today, I feel \_\_\_\_\_ 



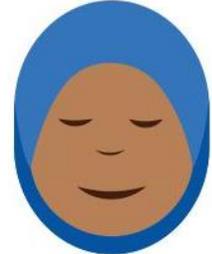
excited



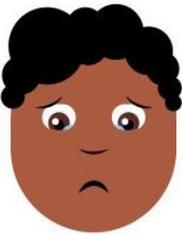
happy



joyful



calm



hurt



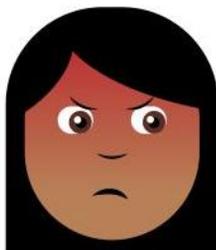
confused



anxious



lonely



annoyed



enraged

# Week 1 Overview



## Project

### My Dictionary

Create a dictionary of words beginning with the letters A to O.

## Trace and Match

Practise writing the alphabet and revise English words.

5

## Scavenger Hunt

Hunt for objects by listening to their names in English!

4

## Action!

How many actions can you name in English?

3

## My Safe Space

Draw the space that makes you feel calm.

1

2

## Nouns

Practise saying names of objects, food, people, and animals in English.

## Materials Needed

- Paper
- Pen/Pencil



## Make Your Own Dictionary

A dictionary is a book which explains the meanings of words in alphabetical order.

Create 3 pages for your dictionary for the following words:

For each page:

1. Write the big and small letter in English.
2. Write the English word starting with the letter.
3. Draw a picture of the word.
4. Write the English pronunciation in Dari or Pashto.
5. Write 2 to 3 lines describing the word in Dari or Pashto.

Aa

Airplane

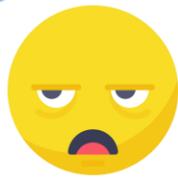


(Write the English word in Dari or Pashto script)

Airplanes help us travel to different countries. They fly at great speeds with several passengers on board.

Bb

Bored



Cc

Country



Similarly, make the pages for:

## MY SAFE SPACE

Close your eyes and think about a place where you feel safe and calm. Draw it in the space below.



## Make Your Own Dictionary

Create 3 pages for the letters D, E, and F for your dictionary. Below are some examples:

Follow the same instructions as given on Day 1.

Dd

Doctor

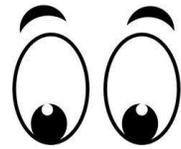


(Write the English word in Dari or Pashto script)

We see a doctor when we are ill. They identify issues with our health and prescribe medicines to manage them.

Ee

Eyes



Ff

Friend

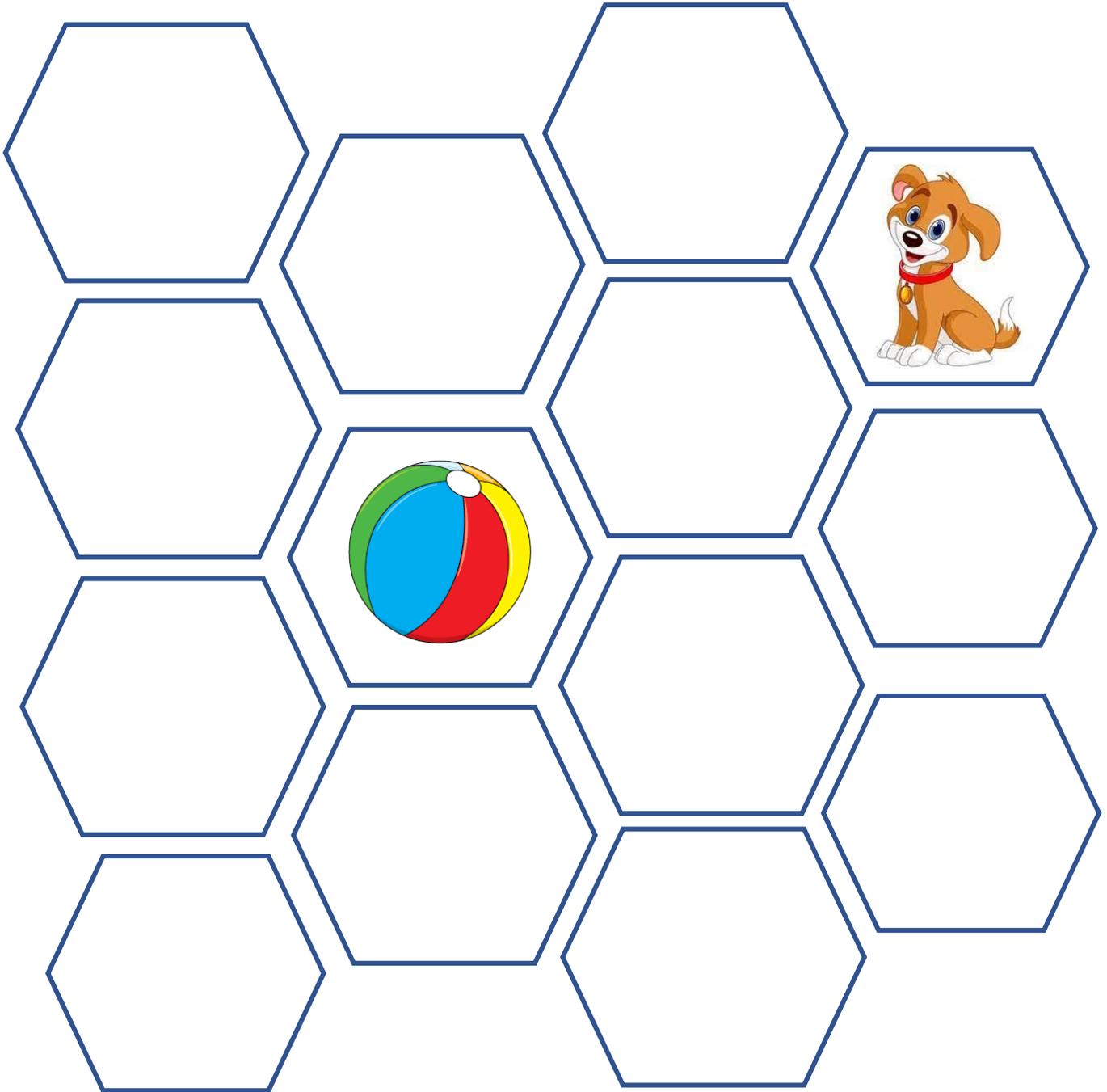


### CHALLENGE

Create 1 or 2 more pages for each letter using a different word that starts with the letter.

**Nouns** are names of people, animals, places or things.

In the empty spaces below, draw 5 objects around you,  
4 animals, 3 food items and 2 family members.



Ask a friend to point to any noun and write a sentence with it in English. Tell a story using any 3 pictures they choose!

Make Your Own Dictionary

Create 3 pages for the letters G, H, and I for your dictionary. Below are some examples:

Follow the same instructions as given on Day 1.

Gg

Girl



(Write the English word in Dari or Pashto script)

A girl is a female child. Girls are strong and intelligent. They should be treated as equals to boys.

Hh

Hurt



Blank lines for writing in Dari or Pashto script.

Ii

I



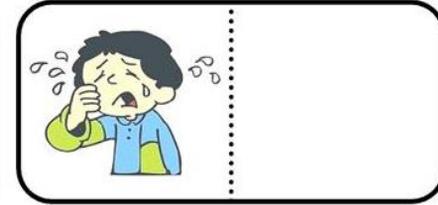
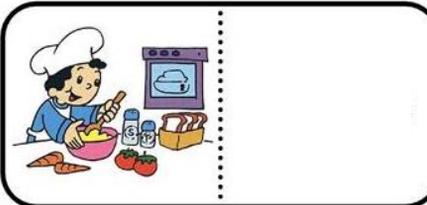
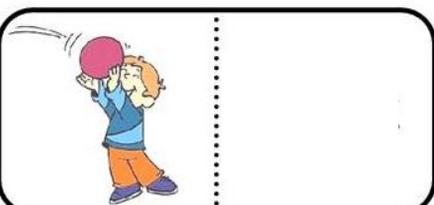
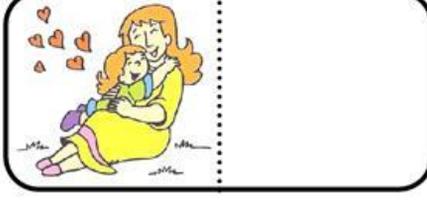
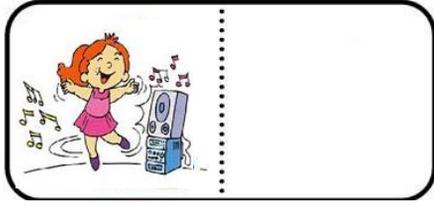
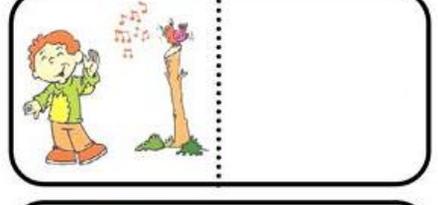
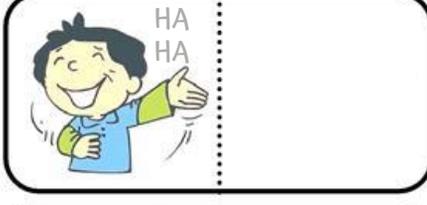
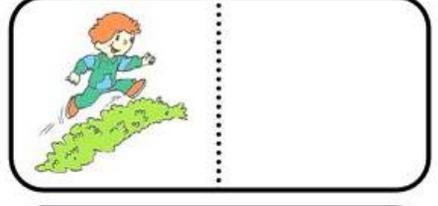
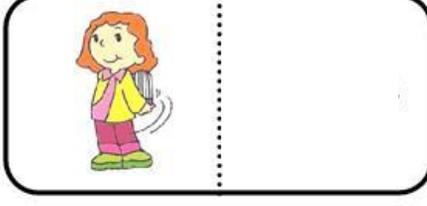
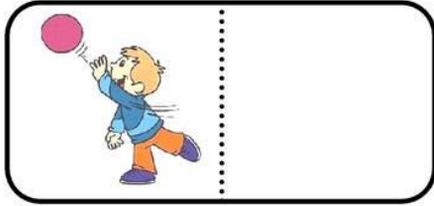
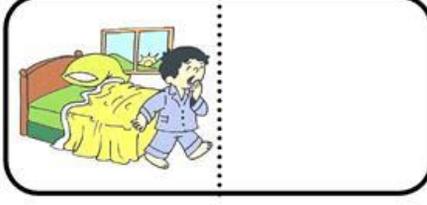
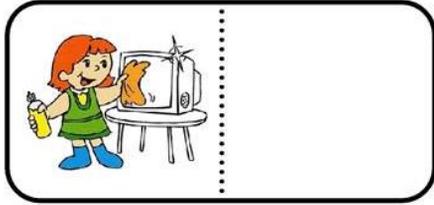
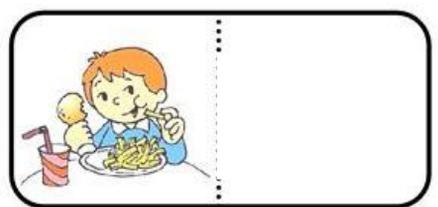
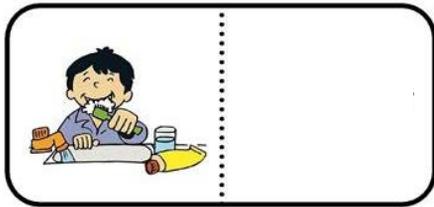
Blank lines for writing in Dari or Pashto script.

CHALLENGE

Create 1 or 2 more pages for each letter using a different word that starts with the letter.

Choose and write the action word next to the picture.

cry	dance	drive	wake up	open	listen
hide	cook	run	laugh	eat	brush
hug	throw	clean	catch	drink	cut



## Make Your Own Dictionary

Create 3 pages for the letters J, K, and L for your dictionary. Below are some examples:

Follow the same instructions as given on Day 1.

Jj



Jump

(Write the English word in Dari or Pashto script)

I jump when I am happy or when I play games. Jumping is also good exercise for our bodies.

Kk



Key

---



---

Ll



Look

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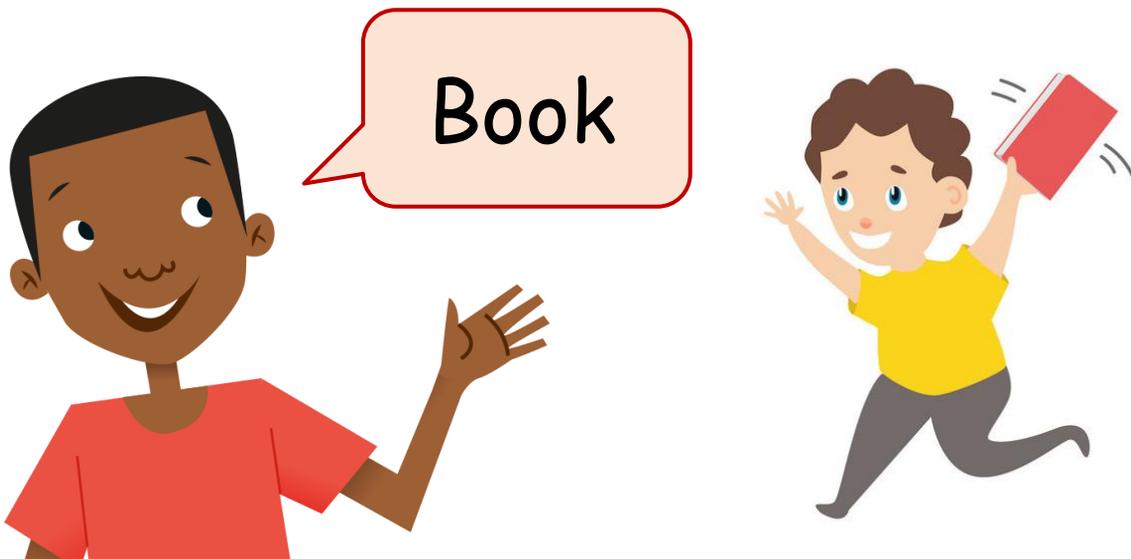
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### CHALLENGE

Create 1 or 2 more pages for each letter using a different word that starts with the letter.

## SCAVENGER HUNT

- A player will say the name of any **object, colour, or shape** in the room in English.
- The other players must run to the object said or to an object that has the shape or colour and touch it.
- The player that touches the correct item first gets 3 points.



The player that has the most points wins the game!

### Challenge

Players can say what letter the word starts with to get an extra point!

**Make Your Own Dictionary**

Create 3 pages for the letters M, N, and O for your dictionary. Below are some examples:

Follow the same instructions as given on Day 1.

Mm

Morning 

(Write the English word in Dari or Pashto script)

When the sun rises, we call it a morning. It is my favourite time of the day. I start my mornings with a bath and breakfast.

Nn

Night 

\_\_\_\_\_

\_\_\_\_\_

Oo

Okay 

\_\_\_\_\_

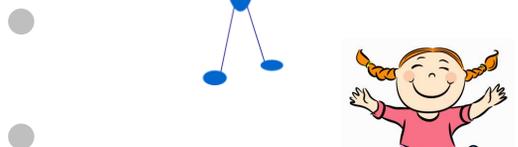
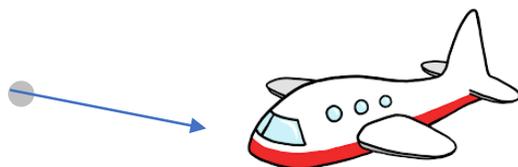
\_\_\_\_\_

**CHALLENGE**

Create 1 or 2 more pages for each letter using a different word that starts with the letter.

Trace the letters and words in English and match the objects.

A	A	A	A	A
B	B	B	B	B
C	C	C	C	C
D	D	D	D	D
E	E	E	E	E
F	F	F	F	F
G	G	G	G	G
H	H	H	H	H
I	I	I	I	I
J	J	J	J	J
K	K	K	K	K
L	L	L	L	L
M	M	M	M	M



# Week 2 Overview



## Project

### My Dictionary

Create a dictionary of words beginning with each letter of the English alphabet

### Memory Game

Create a tally chart of words you remember from your dictionary!

### Trace and Match

Trace the letters and revise English words.

### Word Search

Find English words in a fun puzzle!

### Act The Word

Act out different words in English!

### Guess the English Word

Describe objects in Pashto/Dari and guess the object in English!

### Materials Needed

- Paper
- Tape / Pin
- Pen/Pencil

**Make Your Own Dictionary**

**Create 3 pages for the letters P, Q, and R for your dictionary. Below are some examples:**

Follow the same instructions as given on Day 1.

Pp



Phone

(Write the English word in Dari or Pashto script)

With phones, we can talk to people who are far away from us. We can also play games, take pictures, send messages and share our lives with friends through mobile phones.

Qq



Qatar

Rr



Run

**CHALLENGE**

Create 1 or 2 more pages for each letter using a different word that starts with the letter.

*Find more words on Page 24.*

# Act the Word

Divide players into 2 teams.

- Recall the different English words you've learned and brainstorm a list of 10 English words.
- Team 1 will tell an English word to a player from Team 2.
- The player must act it out and their team members must guess the word.

## Some Examples



Throw



Scared



Eat



Laugh



Jump



Read



Sleep



Sick

Each correct guess earns a point.

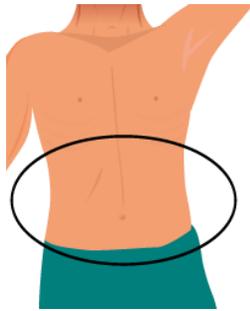
**Which team won?**

**Make Your Own Dictionary**

Create 3 pages for the letters S, T, and U for your dictionary. Below are some examples:

Follow the same instructions as given on Day 1.

Ss



**Stomach**

(Write the English word in Dari or Pashto script)

The stomach is an internal organ which helps us digest our food. We should eat nutritious food to keep the stomach healthy.

Tt



**Toothbrush**

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Uu



**Under**

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**CHALLENGE**

Create 1 or 2 more pages for each letter using a different word that starts with the letter.

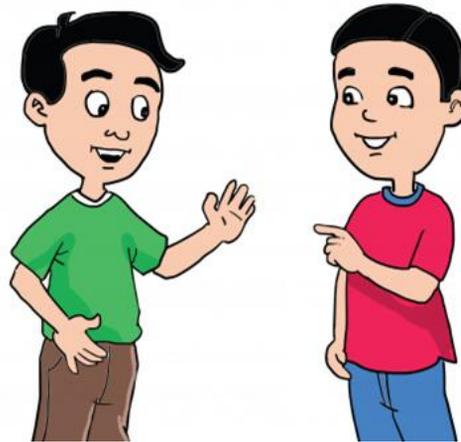
## Guess the English Word

- A player will think of an English word and write it down.
- The player describe the word using a maximum of 4 Dari/Pashto words.
- Players must guess what the English word is.

The person who guesses correctly gets 1 point.

Open, Close,  
Lock, Small

Key!



The player that has the most points wins the game!

**Make Your Own Dictionary**

Create 3 pages for the letters V, W, and X for your dictionary. Below are some examples:

Follow the same instructions as given on Day 1.

Vv

**Vegetables**



(Write the English word in Dari or Pashto script)

Vegetables are plants or parts of plants that we eat. My favourite vegetable is carrot. Vegetables keep us healthy.

Ww

**Wash**



\_\_\_\_\_

\_\_\_\_\_

Xx

**X-Ray**



\_\_\_\_\_

\_\_\_\_\_

**CHALLENGE**

Create 1 or 2 more pages for each letter using a different word that starts with the letter.

Find the word in the puzzle.

Words can go in any direction (right, left, diagonal, straight, reverse). Words can share letters as they cross over each other.

bad	bath	bed	today	okay
boy	clean	cook	read	phone
country	food	girl	run	play
good	jump	laugh	water	yesterday

U C O L H V G D O K Y P M R R  
 Q O O B T I X Y B O A B A T H  
 Z B V U R U A R D O D S G O I  
 F O N L N D O O F C R P D U N  
 P Y P T O T K U L X E R L O K  
 H G B T I A R E T Y T N C A Y  
 B G U O Y V A Y S H S S C I Y  
 A E O K R N K R G W E C G Y U  
 D M N O K E R U G T Y N U R I  
 B E D O D N A E B A W P N S U  
 G L E X H L K C T W W D N F S  
 P W D U X P D R E A C D F A Z  
 M Q O N H E R E Y G W J U M P  
 O C O J F H B A R J Y R V U I  
 T F U N S B R D X D J C H I M

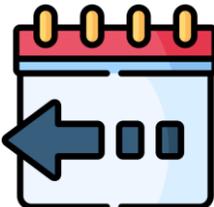
## Make Your Own Dictionary

**Create 3 pages for the letters Y and Z for your dictionary. Below are some examples:**

Follow the same instructions as given on Day 1.

yy

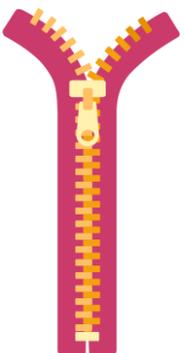
Yesterday



(Write the English word in Dari or Pashto script)

Yesterday means the day before today. Yesterday, I played football with my friends and practiced English words.

Zz



Zip

(Write the English word in Dari or Pashto script)

A zip is used to fasten garments. When it is cold, I zip up my jacket.

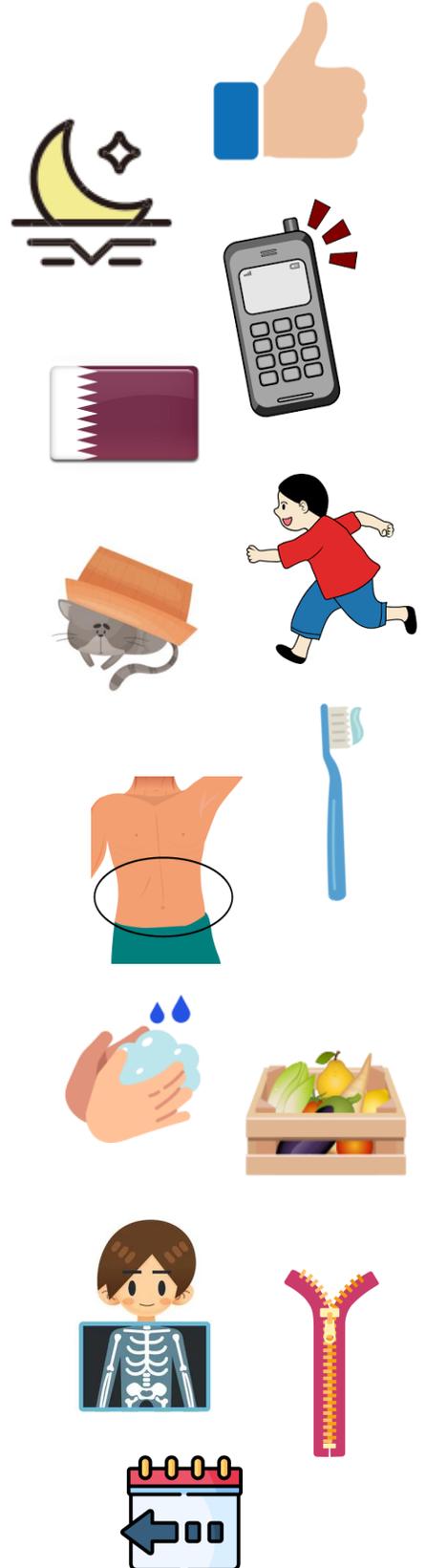
### CHALLENGE

Create 1 or 2 more pages for each letter using a different word that starts with the letter.

Trace the letters and words in English and match the objects.

N	N	N	N	N
O	O	O	O	O
P	P	P	P	P
Q	Q	Q	Q	Q
R	R	R	R	R
S	S	S	S	S
T	T	T	T	T
U	U	U	U	U
V	V	V	V	V
W	W	W	W	W
X	X	X	X	X
Y	Y	Y	Y	Y
Z	Z	Z	Z	Z

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## Make Your Own Dictionary

### Making the Cover Page

1. Think of a good title for your dictionary.
2. On a fresh page, design your book's cover:



Tie or staple all the pages in order to make your book.

### Presenting the Book

Share your dictionary with friends.  
They can ask questions about it.



- How do you feel after making your own dictionary?
- What was easy? What was challenging?

Players must write in English all the words in your dictionary on a piece of paper from their memory.

Use the tally chart below to count the number of words you remembered from your dictionary using the tally table below:

Number of Words	Tally Marks	Total
Example: Sara		12
Person 1:		
Person 2:		
Person 3:		
Person 4:		

**The person who remembers the most words wins!**

## Challenge

Each player should calculate the percentage of words remembered.

$$\begin{array}{l} \text{\% of Words} \\ \text{Remembered} \end{array} = \frac{\text{Total number of words remembered}}{\text{Total number of words in the dictionary}} \times 100$$

# More Words

Practice reading and writing more words in English for each letter!



Book



Clothes



Down



Eat



Food



Games



House



Internet



Jar



Knife



Left



Money



Nose



Oil



Play



Quiet



Read



Sleep



Toilet



Up



Villa



Water



Xerox



You



Zero

# Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned?

What did I do well?

What can I do better next week?

*If you liked this, go to our IFERB website for hundreds of more such resources. Visit <https://resources.educationaboveall.org>*

# Week 3 Overview



## Project

### Make your own ID Cards

Make Identity Cards for you and your friends

## Story Time

Read about a little girl with big dreams!

5

## Line Up

Explore ordering numbers while playing this game.

4

## What Do You See?

The person in the mirror is wonderful.

3

## My Poster

Make a poster about yourself!

1

2

## Similar People

Interview community members to observe similarities.

## Materials Needed

- Paper
- Pen/Pencil



## Make ID Cards

What do you think an ID Card would be most useful for?

1. **Observe this ID Card.** What does it tell you about the person?

IDENTIFICATION CARD



Asif Khan

32 A, Wukair Road

**DOB:** 3<sup>rd</sup> May 2013

**Mob:** 361-421-123

**Parents:** Ali Khan, Myra Khan

**Hair:** Black   **Eyes:** Brown   **Blood Type:** A +

Find different ID Cards people around you have.

What are they used for?

(Eg: Passport, Driver's License, Health Card, etc.)

2. **Compare yourself with your friends or community members.**

List 5 similarities and 5 differences between you and them.

Everyone looks and thinks in different ways – this make us special, and we must respect them.

Fill the poster below for people to know all about you!



## Make ID Cards

1. Why and how can we interview people in Dari or Pashto?
2. Make a list of 5-8 questions you want to ask community members to know more about them using each of the question words below. Get inspired by these examples:

**WHAT**

What is your name?  
What is your hair and eye colour?

**WHO**

Who is your friend?

**WHY**

Why do you like them?

**HOW**

How old are you?

**WHERE**

Where do you work?

**WHEN**

When is your birthday?

**WHICH**

Which villa do you live in?

3. Interview 4 to 5 community members. Note their responses.  
*(If they are not available, you can interview your friends.)*



## Similar People

- Find out information about people. Some examples are given below.
- Add your own categories to the table below.
- **CHALLENGE:** Calculate the similarity %.

$$\text{Similarity \%} = \frac{\text{No. of people who have the similarity}}{\text{Total no. of people interviewed}} \times 100$$

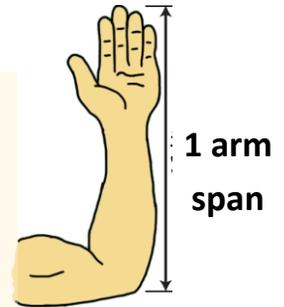
Category	Tally Marks	Total	%
Example: Black Hair		5	83%
Birthday Month: _____			
Age: More than 15 years			
Favourite Colour: _____			

Discuss the results of the interviews with your group.  
What do you find interesting? What surprised you?

## Make ID Cards

### Numeracy Activity

- Measure your friends' height in arm spans.
- How tall is your friend in arm spans?



Create ID Cards for 2 of your friends in English. Below is a sample:

Name: \_\_\_\_\_

Height: \_\_\_\_\_

Birthday: \_\_\_\_\_

Villa Number: \_\_\_\_\_

Phone No.: \_\_\_\_\_

Languages Spoken: \_\_\_\_\_

Gender: \_\_\_\_\_

Eye Colour: \_\_\_\_\_

Draw a picture.

**What do you like most about your friends?**

**Make 3 different types of ID cards for yourself:**

1. **Health Card:** History of disease, blood type, etc.
2. **Travel Card:** Languages you know, country you are from, etc.
3. **Class Card:** Age, Level/grade, etc.

**What other information should you add in each card?**

## WHAT DO YOU SEE?

- Take a minute and look at yourself in the mirror.
- Look at your face. Look at yourself.
- Smile at yourself.
- This is you! You are beautiful!

### Me and the Mirror

Here I am!

Looking into the mirror!

My name is \_\_\_\_\_

My friends call me \_\_\_\_\_

My eyes are \_\_\_\_\_

I like \_\_\_\_\_ about myself.

Others like \_\_\_\_\_ about me.

Smile at yourself! This is you. You are beautiful!



## Make ID Cards

Using the ID cards you made of your friends, take turns playing the guessing game:

**Say 5 sentences about your friend in English.**

- Use sentences and words from the word bank below.
- Do not mention the name of the person.



1. He is a boy OR she is a girl
2. His/Her age is \_\_\_\_\_
3. He/She is \_\_\_\_\_ (adjective)
4. He/She likes \_\_\_\_\_ (a hobby)
5. He/She has \_\_\_\_\_ (an object)
6. He/She is from \_\_\_\_\_ (a country)
7. He/She is always \_\_\_\_\_ (a feeling)



**Adjectives are words used to describe people or things. Eg:**

**Funny, helpful, kind, happy, friendly, tall, short**

## LINE UP

Two or more teams of 5 players each.

1. Calculate the exact ages of all your friends based on their birthdays and write it in decimals.  
*(Eg: 13 years and 6 months = 13.5 years)*
2. Team 1 writes the ages of any 5 friends on pieces of paper and sticks them to the backs of Team 2 players. Team 2 does the same for Team 1.
3. When the time starts, the teams must arrange themselves in descending order (big to small) **without talking**.



**Which team finished first and correctly?** They win the game!  
Everyone should guess whose age is stuck to their backs!

- Who is the oldest and youngest friend?
- What is the average age of your friends? (Add all the ages and divide by the number of friends)

## WHEN I GROW UP

Written by Priyadarshini Gogoi



When I grow up, I will be an engineer and build many things. Big and small things. Wild and amazing things. I will use science to build them all

First, I will build a bridge. After that, I will build a very tall tower. And then, I will build the longest road in the world. It will start at my room and go right up to the moon!

When I build these structures, I will be a **civil engineer**.



I will build engines too. Some engines will be in rockets and some will be in planes. The plane will take us from country to country and the rocket will fly us all the way to Mars. My grandmother will come with me on all my trips!

When I build flying engines, I will be an **aerospace engineer**.

I will build a vehicle that travels under the sea. It will be made of steel and aluminium, and it will be very fast. We will swim with the fishes, sharks and whales. My grandmother will say, "Slow down, Papori!" But secretly, she will love it too.

When I build my submarine, I will be a **marine engineer**.



I'm not done yet! Next, I will build a robot. Her name shall be Gogo. Gogo and I will have many adventures. We will paint the walls and do the dishes. We will catch many, many fishes! When I build my robot, I shall be a **robotics engineer**.



I will build a machine to clean the sea. And another to clean the air. The animals will be healthy and people will breathe easy. I will save the earth with my machines! When I make machines to clean the planet, I will be an **environmental engineer**.



I will build a new ear for my dog, Pempem (she lost it in a fight!). Then I will build a new set of teeth for my grandmother. Finally, I will build wings for me!

When I build artificial body parts, I will be a biomedical engineer. And I will soar over the world looking for more things to build.



### Answer the following questions:

1. Who are the characters in the story?
2. Imagine you are a robotics engineer, draw the robot you would create? How would it help people?
3. What do you want to become when you grow up?

# Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned?

What did I do well?

What can I do better next week?

*If you liked this, go to our IFERB website for hundreds of more such resources. Visit <https://resources.educationaboveall.org>*

# Week 4 Overview



**Project**

## Make Your Own Comic Book

Present a story through pictures!

## Funny Creatures

Create characters of your own and make a comic!

5

## Complete the Comic

Imagine what characters would say or think!

4

## Positivity Flower

Write what you would say to yourself to stay positive.

3

## Describe It

Choose the correct adjective to describe the picture.

1

2

## Name, Place, Thing

Play a game to practice English words and sentences!

## Materials Needed

- Paper
- Pen/Pencil
- Colours (Optional)

## Design Your Comic Book

A comic book tells a story through characters, dialogues and drawings.

**Think of a simple story you want to present.**

### Characters

Who are the people or animals in your story? Where are they?



### Plot

What happens to them in the story?  
How does the story begin or end?



### Message

What message do you want to give to the reader?(Ex: kindness, cleanliness, etc.)



**Draw the main character of your story!**

Character's Name: \_\_\_\_\_

**Words to describe the character (in English):**

- 
- 
- 
- 
- 
- 
-

# DESCRIBE IT!

Words that describe something are called **adjectives**.

Fill in the blanks with the adjective that best describes the picture.

big / clean / new / old / long / small  
cute / dirty / short / fat



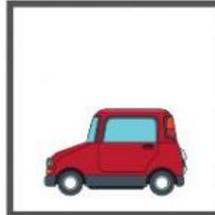
\_\_\_\_\_ T-shirt



\_\_\_\_\_ house



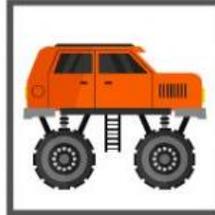
\_\_\_\_\_ T-shirt



\_\_\_\_\_ car



\_\_\_\_\_ hair



\_\_\_\_\_ car



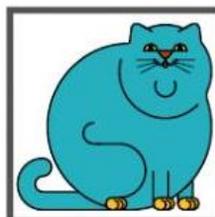
\_\_\_\_\_ hair



\_\_\_\_\_ rabbit



\_\_\_\_\_ house



\_\_\_\_\_ cat

## Design Your Comic Book

### Develop Your Story

Share your story with a partner in Pashto/Dari. The partner should answer the following questions:

- How does the story begin?
- What happens next to the characters?
- What surprised you?
- How does the story end?
- Does the story have a message?
- Do you have any ideas to make the story better?



Write down the story in simple sentences in Pashto/Dari.

Use at least 3 English words for each of the following:

**NOUN**  
(person, place or thing)

**VERB**  
(describes what the noun does)

**ADJECTIVE**  
(describes what the noun looks, smells, sounds, feels or tastes like)

1. Exchange your story with your partners.
2. In their story, underline **nouns**, circle **verbs**, and draw a box around **adjectives** you identify.

## NAME, PLACE, THING



- Say any letter in alphabet from A to Z.
- All the players must write a name, a place, and a thing starting with the letter (in English).
- You get 1 point for each correct English word.
- Earn a bonus point for saying a sentence in English with any word from the table using a **verb** and an **adjective**.



Name	Place	Thing
Zoya	Zambia, Zoo	Zip



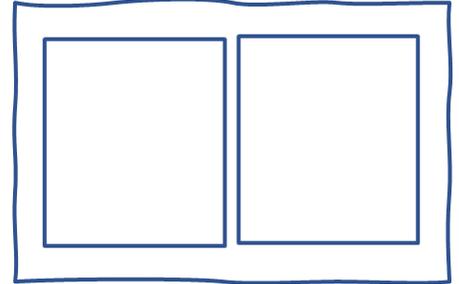
Cute Zoya sang.



Who won the most points? They win the game!

## Design Your Comic Book

1. On each page, select how many frames you want for your story – 2, 3, or 4.
2. Draw that many boxes on the pages.
3. In each box, draw what happens in the story. Below each drawing, write a sentence to explain what happens in the story in Pashto/Dari. **Challenge yourself to use English words!**

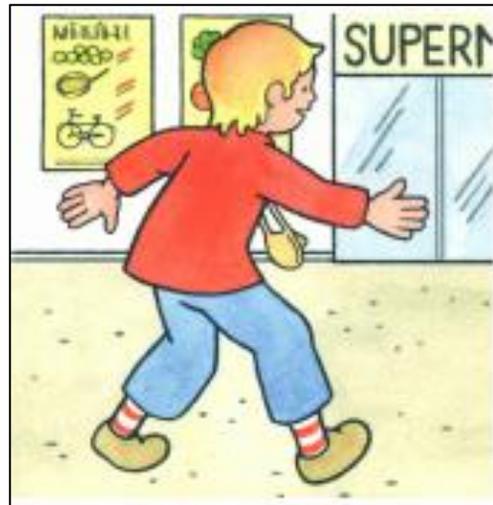


- *Only draw the main events and not all the details.*
- *Include the main characters and the places they are in.*

### Example



Zaina gives her brother money to buy cake.



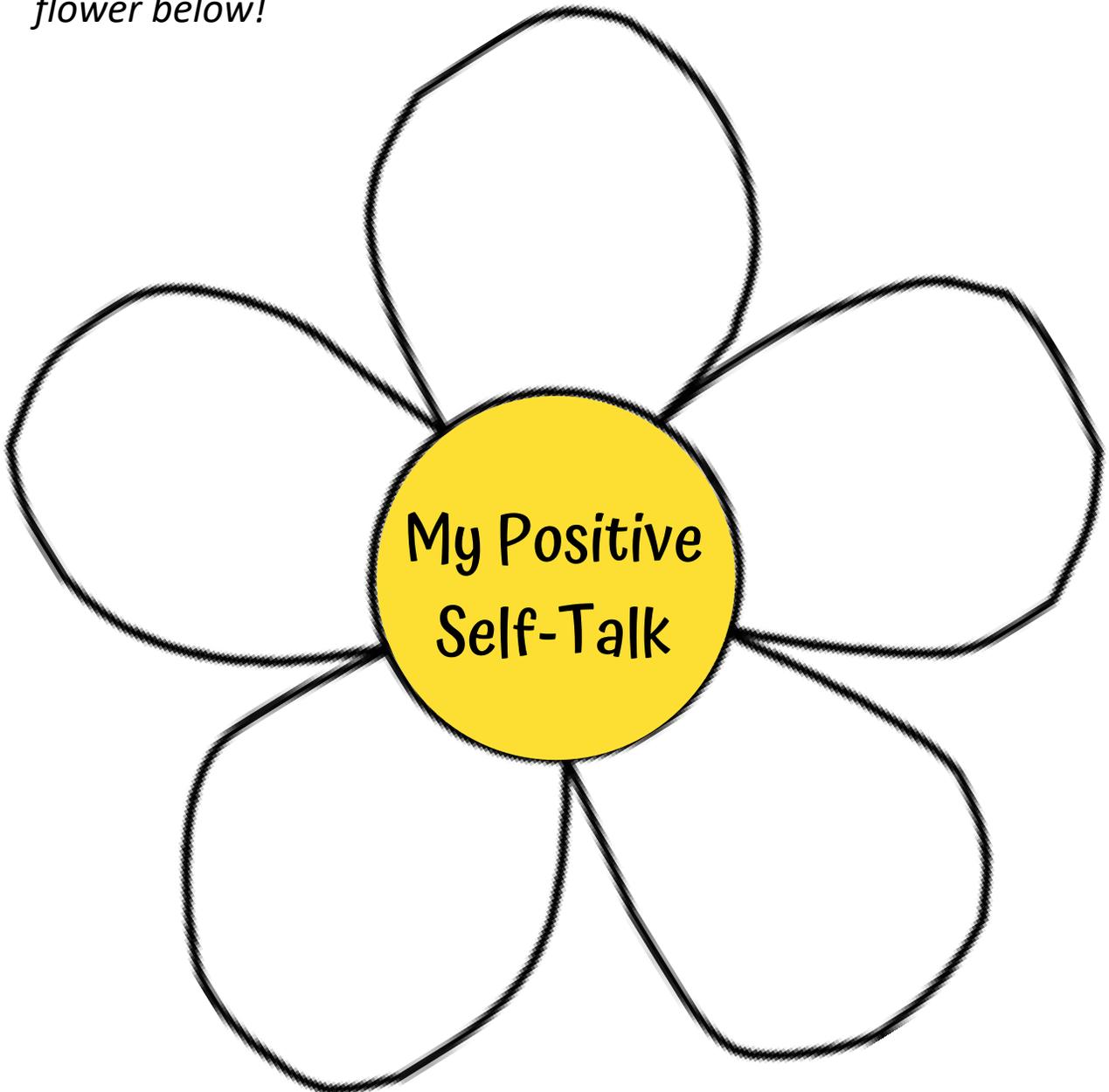
Ali goes to the shop to buy cake.

# MY POSITIVE SELF TALK

*Sometimes, while learning, we may come across challenges.*

*In such cases, what can you say to yourself to stay motivated?*

*Note it down in the petals of the flower below!*

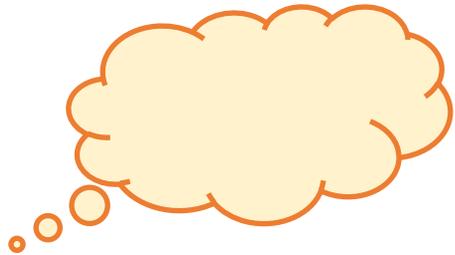


**Design Your Comic Book**

1. In each frame of your comic book, add at least one dialogue that the character says or thinks.



**When the character says something**



**When the character thinks something**

2. In each frame of your comic book, add at least one dialogue that the character says or thinks in Dari/Pashto.

**Use at least 1 English word!**

<p>Zaina gives her brother money to buy cake.</p>	<p>Ali goes to the shop to buy cake.</p>

## COMPLETE THE COMIC!

What are Ali and Mona talking and thinking about? Fill the bubbles!



## Design Your Comic Book

1. Write the number of the frame next to each box in English.
2. Colour the pictures!

### Making the Cover Page

1. Think of a good title for your comic book.
2. On a fresh page, design your book's cover:

**What will Ali Buy?**



By Raina T.

→ **Title**

→ **Drawing**

→ **Your Name**

### Presenting the Book

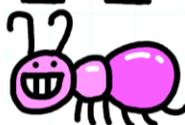
Share your comic book with your friends.  
They can ask questions about it.



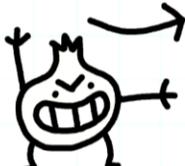
- How do you feel after making your own comic book?
- What was easy? What was challenging?
- What are some things you did to make your comic book interesting?

Draw the following characters and make your own story using them!

Draw  Something  
↓ Little

Draw  Something Prickly   Draw  Something Smelly 

Draw Something long    

 Draw  Something  
Cute evil  
 

Make your own story and draw a comic with all these characters!

# Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned?

What did I do well?

What can I do better next week?

*If you liked this, go to our IFERB website for hundreds of more such resources. Visit <https://resources.educationaboveall.org>*

# Attributions

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**Pg. 32:** Dream a Dream Foundation – Me and the Mirror

**Pg. 35-36:** When I Grow Up (English), written by Priyadarshini Gogoi, illustrated by Tarique Aziz, supported by CISCO, published by Pratham Books (© Pratham Books,2020) under a CC BY 4.0 license, first released on StoryWeaver.

**Pg. 48:** Worksheet sourced from <https://comicsclub.blog/comics-worksheets/>

