Learning Packages
Instruction Manual

Innovation Development Directorate

Estimated Reading Time: **1 hour**

Table of Contents

1. Who are We?
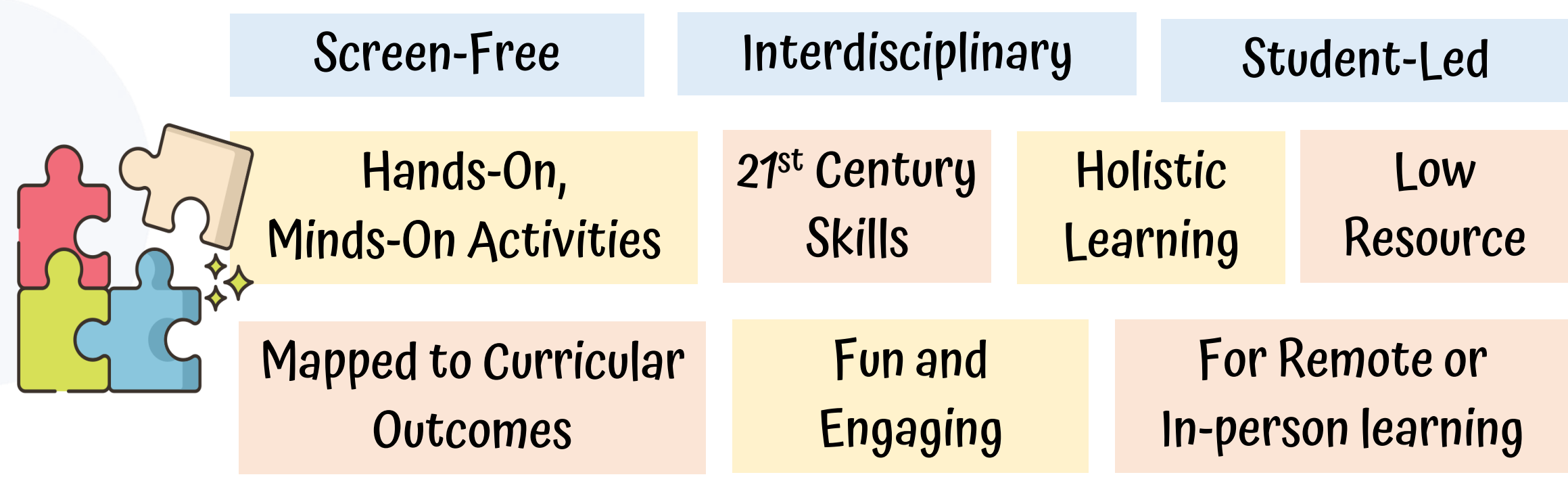
The **Education Above All** (EAA) Foundation is a global education foundation based in Qatar established by Her Highness Sheikha Moza bint Nasser. EAA envisions bringing hope and real opportunity to the lives of impoverished and marginalized children, youth and women through provision of quality educational opportunities.

EAA's Innovation Development Directorate (IDD) developed the **Internet Free Education Resource Bank** to offer hundreds of screen-free, low-resource educational resources that are interactive and develop essential skills in our learners. We are constantly adding to our open-source content that is available in multiple-languages for multiple-ages, accessible on our website: www.resources.educationaboveall.org

2. What are the Learning Packages?

We developed the **Learning Packages** in multiple formats for ready-to-use and student facing curated learning experiences with the following features:

Screen-Free	Interdisciplinary	Student-Led	
Hands-On, Minds-On Activities	21st Century Skills	Holistic Learning	Low Resource
Mapped to Curricular Outcomes	Fun and Engaging	For Remote or In-person learning	

The Learning Packages can be used:

- As a **distance learning resource** and methodology during school lockdowns due to emergencies.
- For **blended learning** as schools open up partially.
- As a **summer or after-school learning** tool to expand learning.

Tracks and Levels (1/2)

The Learning Packages are available (as workbooks) for learners of ages **2 to 14** years for holistic development with a focus on a specific subject area (track).

Level (Age – Group)	Learning Package Track			
2 to 3 years	Early Childhood Development (ECD) Activity Book*			
Foundation (3 to 4 yrs.)	Literacy	Numeracy	World Around Us	-
Level 0 (4 to 5 yrs.)	Literacy	Numeracy	World Around Us	-
Level 1 (6 to 7 yrs.)	Literacy	Numeracy	World Around Us	Socio Emotional Learning (SEL)
Level 2 (8 to 10 yrs.)	Literacy	Numeracy	World Around Us	SEL
Level 3 (11 to 14 yrs.)	Literacy	Numeracy	World Around Us	SEL

*The ECD Activity Book is a collection of play-based activities that parents can do with their children. Read **ECD Parent Guidelines** to know more.*

The tracks will have multiple workbooks for each level. Each workbook is a collection of project-based learning resources that build multiple skills. To determine which workbook is right for the learner, a diagnostic test is provided at the beginning of the workbooks.

Tracks and Levels (2/2)

While each track below focuses on a specific subject area, all of them include project-based learning (PBL) resources with related Math games, engaging stories, SEL Activities and worksheets.
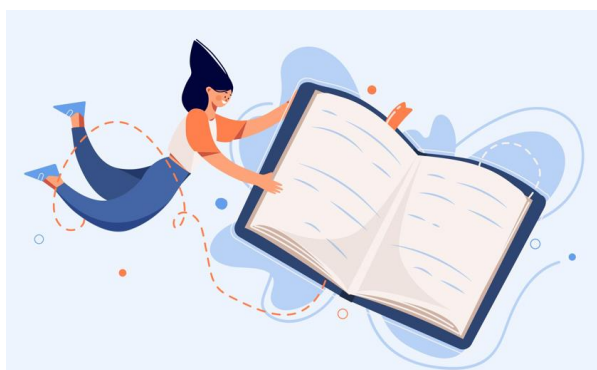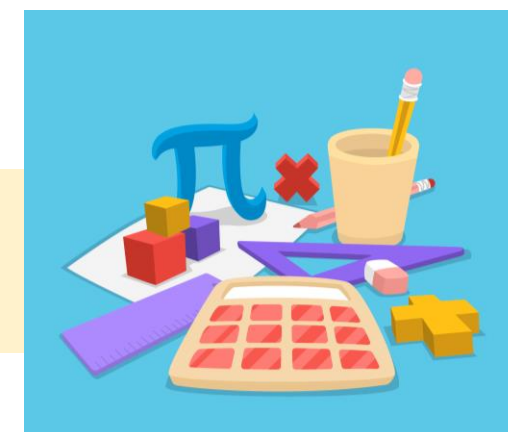

Literacy

This track builds reading, writing, listening, and speaking skills through literacy-based projects.

Numeracy

This track focuses on building skills in different strands of mathematics – numbers and operations, geometry, data analysis, probability, etc.

World Around Us

This track encourages the process of scientific inquiry and reasoning in learners as they explore key concepts in science and social studies.

Socio-Emotional Learning (SEL)

This track is dedicated to building socio-emotional learning skills. It includes the Colours of Kindness Program, developed by Amal Alliance, by experts in the domain area.
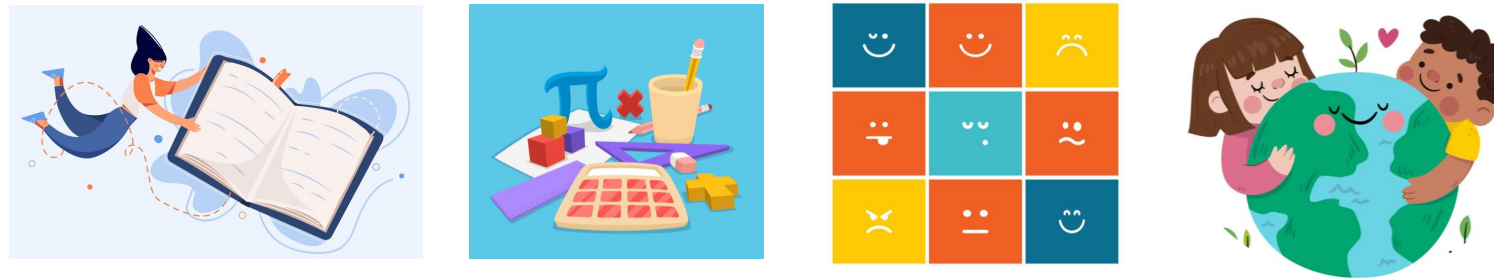
Each Learning Package contains
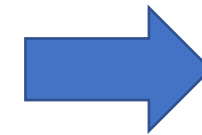
Let us have a look at how to use it effectively.

Diagnostic Test

Progress Tracker

Certificate

SEL Routine

Weekly Overview

PBL Resources

Activities

Weekly Reflection

Diagnostic Test

Before beginning the workbook, answer the diagnostic test in the allotted time.

For Foundation, Level 0, and Level 1, parents can explain the question to the child <u>without</u> giving away the answers.
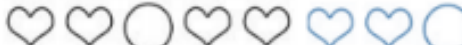

Check the answers using the answer key and calculate total score.

Based on the score, select the right workbook, as instructed.

Diagnostic Test
Progress Tracker
Certificate
SEL Routine
Weekly Overview
PBL Resources
Activities
Weekly Reflection

Progress Tracker

Once the right workbook is selected, do the activities mentioned on each day and use the tracker provided to document the progress.

Complete all the activities for the day before colouring each star.

After completing the workbook, award the learner with the certificate provided at the end of the workbook.

Diagnostic Test

Progress Tracker
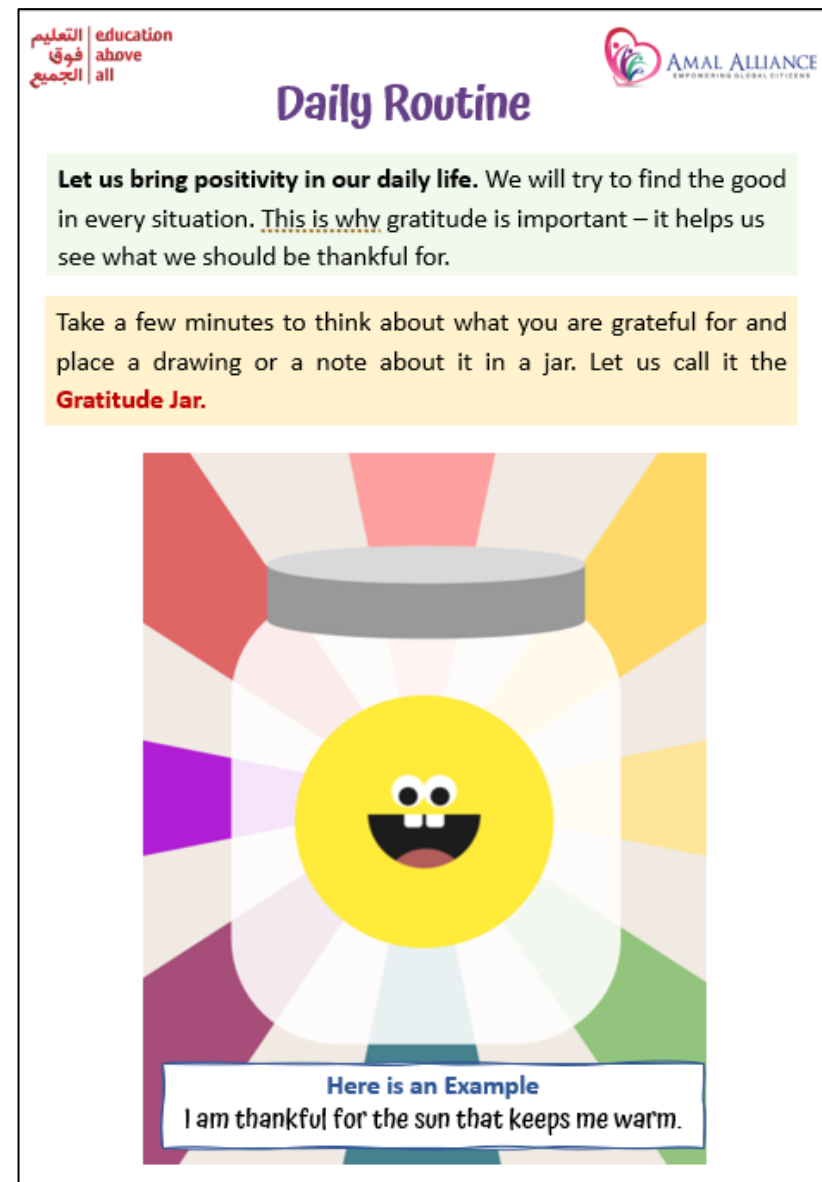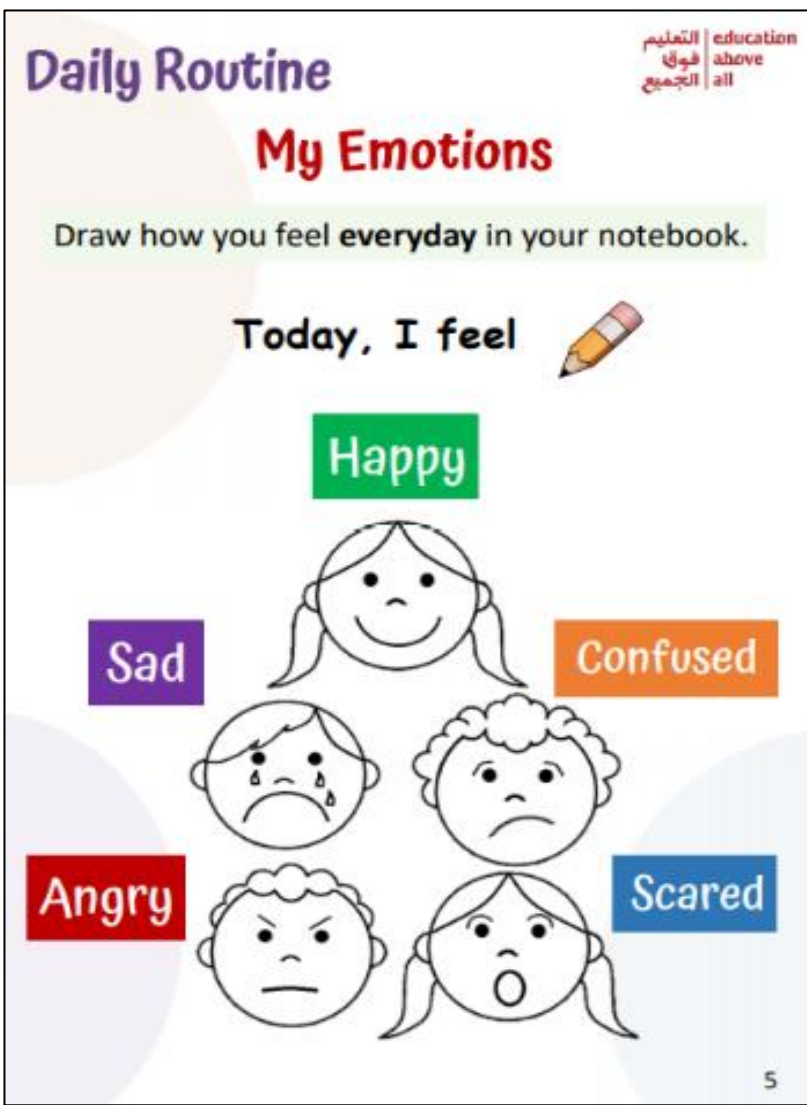
Certificate

SEL Routine

Weekly Overview

PBL Resources

Activities

Weekly Reflection

SEL Routine

Each workbook has a Social-Emotional Learning (SEL) Routine that should **be done daily**. Ensure that the routine is done before starting the day's activities. They help the learner identify and regulate their emotions.
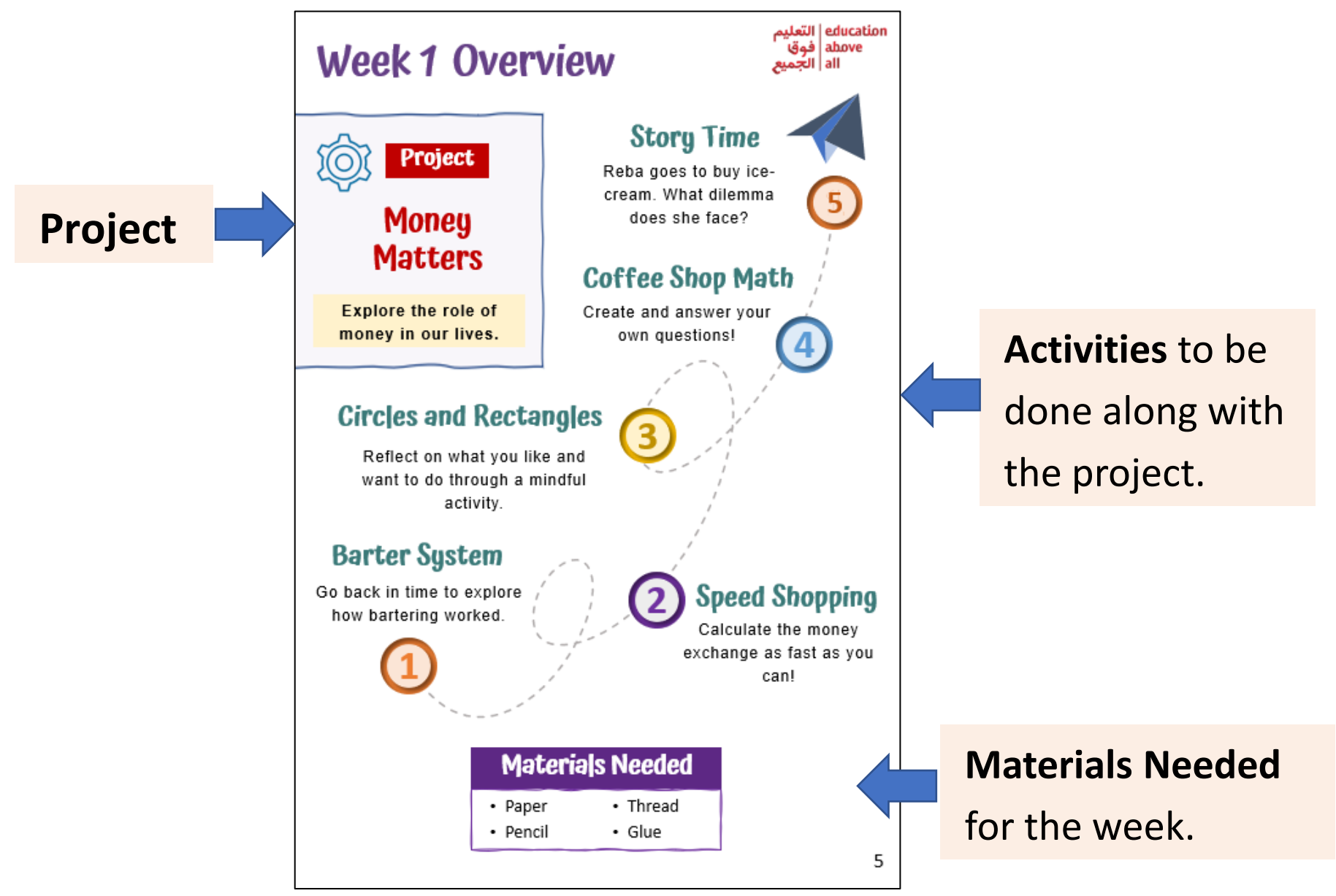
A Week's Journey: Weekly Overview

Each workbook has 4 projects done over 4 weeks. The activities are arranged day-wise and engage the learner for 20 days (approximately 2 hours per day). Ensure that this progression is followed.

Let us understand what a 'week' in the workbook looks like:

The Weekly Overview maps out the learning journey for the week.

Project

Activities to be done along with the project.

Materials Needed for the week.

Diagnostic Test

Progress Tracker

Certificate

SEL Routine

Weekly Overview

PBL Resources

Activities

Weekly Reflection

A Week's Journey: Project-Based Learning Resource

Each day contains 1 project-based learning resource and 1 activity.

Diagnostic Test

Progress Tracker

Certificate

SEL Routine

Weekly Overview

Reflect on the leading question on Day 1.

PBL Resources

- Follow the instructions step-by-step.
- Note down responses in a notebook.

Activities

Weekly Reflection

For Foundation and Level 0, parental assistance is required. Learners can share their responses verbally or through actions. Sound out key words in the instructions and activities to build their phonic and vocabulary skills.

A Week's Journey: Additional Activities (1/2)

After doing the project-based learning module for the day, proceed to the activity provided, which can be:

Math Games

- Practise math concepts through fun games.
- Have family members and friends play along.
- You can make your own variations of the games.

Stories

- Read the story out loud.
- Answer the questions provided.
- Circle new words you come across in the story.

For Foundation and Level 0, parents should read the story aloud with the learner and pause at different points to ask guiding questions.

Learning Package Components

Worksheets

- Practise key concepts through engaging worksheets.
- Read the question and solve the worksheets.
- Ask a family member to check your answers.
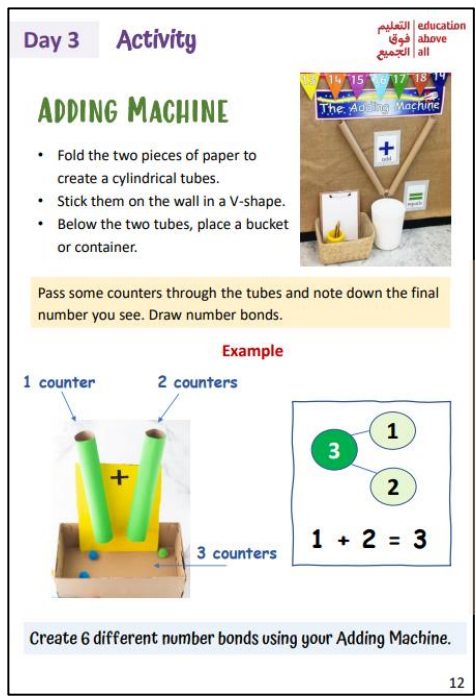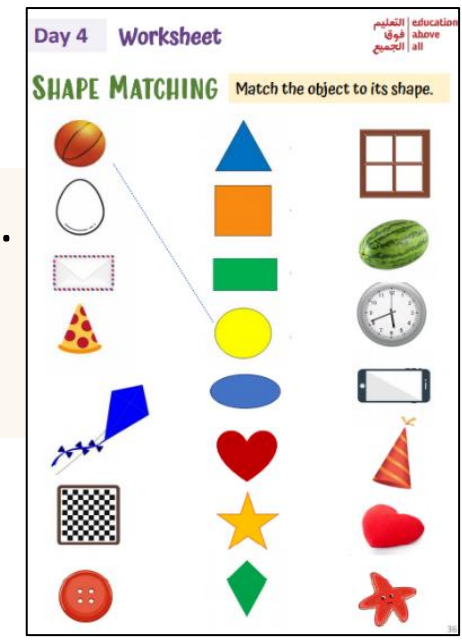
Project-Based Activities

- Do activities that extend the learning from the project.
- Make connections between these activities and what is being done in the project.

Mindfulness Activities (SEL)

- Each project contains 1 mindfulness activity or movement break.
- Follow the instructions to calm your energy and build focus.
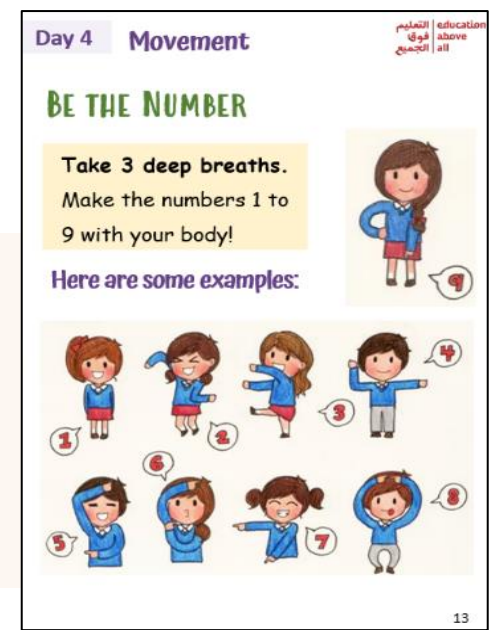
Diagnostic Test

Progress Tracker

Certificate

SEL Routine

Weekly Overview

PBL Resources

Activities

Weekly Reflection

A Week's Journey: Weekly Reflection

One by one, complete the activities for 5 days of the week.

| Day 1 | → | Day 2 | → | Day 3 | → | Day 4 | → | Day 5 |

Avoid doing activities from multiple days in 1 day. If more time is needed, use the 2 extra days in the week to learn and complete.

Weekly Reflection

Did I enjoy learning this week?

What are some new things I learned?

What did I do well?

What can I do better next week?

If you liked this, go to our IFERB website for hundreds of more such resources. Visit https://resources.educationaboveall.org

At the end of a project, fill the Weekly Reflection Page:
Think about
- what you discovered,
- what you did well and
- what you can improve about yourself

Then, move on to the next week's project!

Diagnostic Test

Progress Tracker

Certificate

SEL Routine

Weekly Overview

PBL Resources

Activities

Weekly Reflection

15

Licensing and Attribution

- The Learning Packages are **free and open-source.**

- The resources allow adaptation for context specifications and translation into relevant languages (with some attribution requirements).

- All books are licensed under Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License except for the SEL books.

The last page of the workbook contains the attributions for the contributions from our content partners:

Stories

SEL Activities

SEL Learning Packages

Attributions

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Pg. 11, 22, and 49 : designed by Dream A Dream, India.

Pg. 15, 16: Reba Wants Ice Cream (English), translated by Gouri Srinidhi, based on the original story written by Sultana Zakia, illustrated by Dhiman Sarkar, published by Room to Read (© Room to Read, 2016) under a CC BY 4.0 license on StoryWeaver.

Pg. 40, 41: First House Re-leveled (English), relevelled by suprith S, (© Suprith S, 2015) based on original story First House (English), written by Nabanita Deshmukh, illustrated by Phidi Pulu, Re-levelled and re-named by EAA published by Pratham Books under a CC BY 4.0 license on StoryWeaver.

Pg. 53, 54: Pranav, The Pattern Detective (English), Written by Aditya Swaminathan Illustrated by Jemma Jose, Re-levelled and re-named by EAA, published by Pratham Books (© Pratham Books, 2006) under a CC BY 4.0 license on StoryWeaver.

57

16

Social-Emotional Learning Track

The Social-Emotional Learning Packages were co-created with

AMAL ALLIANCE
EMPOWERING GLOBAL CITIZENS

Amal Alliance aims to empower displaced and disenfranchised children through holistic education and social development programs. Amal's trauma-informed social emotional learning (SEL) programs enhance cognitive, interpersonal, and emotional skills through informal education and structured play. Colors of Kindness is an 'Education in Emergencies' award-winning program which has a child centered approach that enhances social emotional competencies and fosters wellbeing.

The Social-Emotional Learning Packages contain:

Pre and Post Assessment	Colors of Kindness Program (10 Days)	SEL Project-Based Learning Resources and Activities (10 Days)

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General Guidelines

Project-Based Learning

- Learners will discover concepts by themselves. Do not give away answers directly. If needed, ask guiding questions to lead them to the answer.
- Encourage children to use the learnings from projects to solve everyday problems.
- For young learners, parents may assist in some of the activities.
- Allow learners to explore a topic further through reading materials and experiments.
- Appreciate the learner's efforts as they present their projects.

If a certain **resource** is unavailable, use alternatives. For example, a pillow instead of a ball, leaves as counters, make your own paints using spices, etc.

Encourage **family members and friends** to be part of the learning journey by participating in games, activities, and presentations.

Socio-Emotional Learning Track and Routines

- In the pre- and post-assessments, encourage the child to think deeply and answer honestly. There is no right or wrong answer. Help them calculate the score.
- Do not skip any activity. They are designed by experts in a specific order to achieve a larger learning outcome.
- Encourage learners to write their responses, wherever applicable.
- Create a safe space for learners to express themselves – avoid harsh language or criticism. Listen attentively and acknowledge their feelings.

More Learning Resources

The projects and games in the Learning Packages have been curated from the award-winning Internet-Free Education Resource Bank.

If you like them, below are hundreds of more such resources that are hands-on, fun, low-resource, and ensure continuous learning:

1 **Project-Based Learning Resources**

2 **Math Games**

3 **Activity Bank for Disabilities**